

Beet or Butternut Squash Hummus

Makes about 2 1/4 cups

Ingredients

2 cups cooked beets or squash
1 small clove garlic, minced
1/2 lemon, juiced
1/4 cup water
1/2 tablespoon tahini (optional)
1/4 cup olive oil
Salt, to taste
Pepper to taste
Assorted veggies to dip

Procedure

1. Combine all ingredients in a food processor. Slowly pour in olive oil
2. Taste and adjust seasoning. Serve with veggie sticks.